

**"Farms, Food & FUN!"
LESSON PLAN SIX**

Accompanying Songs from CD: "My New Pyramid," and "Mean Dean, the Vending Machine."

Activity: Proper nutrition can be fun. Have kids act out the different components of the pyramid on one day and have them become vending machine snacks on a different day!

Skills: Kids can use their imaginations in "becoming" certain foods.

Grade Level: Kindergarten through third grade

Objectives: Have students discuss why they chose to become that certain food. Is it because they can make people feel better, because it's fun packaging or maybe because it's easier to act out! The answers will be fascinating.

Time Required: 30 minutes.

Group size: Classroom or smaller groups, if preferred.

Materials Needed: CD player and lots of room to move!

Procedure: Find an area where desks, nor chairs, are in the way and turn on the CD player to these back-to-back songs. Encourage laughter and fun through animation!

Evaluation: Ask the children if they know what combination of food is the best to eat in one day. What changes will they make to what they eat at home and in school?

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