

**"Farms, Food & FUN!"  
LESSON PLAN TWO**

**Accompanying Song from CD:** "What Color"

**Activity:** Visit a local farm stand OR bring in fresh vegetables and fruit to discuss with children.

**Skills:** Using different senses to recognize fruits and vegetables: sight (identify differences in looks & color), touch (recognize that some are soft and some are firm), smell etc.

**Grade Level:** Kindergarten through third grade

**Objectives:** Have students become familiar with fruits and vegetables. What color is each? And why is each fruit or vegetable important?

**Time Required:** Three hours for tour and one hour for follow up.

**Group size:** Classroom

**Materials Needed:** School bus (for travel if going to market), fresh vegetables & fruit, construction paper to try to make a sample of fruit or vegetable. Possibly create a fruit or vegetable salad for tasting and to discuss good nutrition.

**Procedure:** Contact the PA Dept. of Agriculture or your local Farm Bureau or county extension office or look online for the nearest farm market. When you arrive (if you're able to go in person) or in the classroom, discuss the differences in these fruits and vegetables.

**Evaluation:** Students can be tested through multiple choice or verbally through matching vegetables with color or texture.

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